



Knightline 5300

Division 5

www.kc5300.org



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GOLETA VALLEY COUNCIL 5300 - 1961 - 2009

March 2009

The Season of Lent Begins



Pictured: Ash Wednesday 8:00 AM Mass at St. Raphael's.

Article Submissions (Articles need to be in by the 20th of the month)

All articles are to be submitted to:

Grand Knight	Dan Knauss
(805) 964-2442	daniel@gvoptical.com grandknightsemail@gmail.com
Advocate	Ed Barrier
(805) 683-4534	ebarrier@att.net

GRAND KNIGHT'S REPORT

By Dan Knauss, Grand Knight



Dear fellow Brother Knights of Columbus,

Spiritual Thought

Lord, send me sleep that I may live

Lord, send me sleep that I may live;
The wrongs I've done this day forgive.
Bless every deed and thought and word
I've rightly done, or said, or heard.
Bless relatives and friends always;
Teach all the world to watch and pray.
My thanks for all my blessings take
And hear my prayer for Jesus' sake.
Amen.

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It seems like only yesterday that the Council's induction ceremony was held and now the Columbian year is more than half way over. It's been a challenging time for the council getting through sudden changes in our roster due to unexpected events: the untimely and unfortunate illness of our District Deputy Stephen Schlesselmann and the departure of our Financial Secretary Ralph Wengler.

(Continued on page 14)



Program Director's Report
By Bill McLafferty, Deputy Grand Knight



On February 28, I presided over one of the final trials in the local high school Mock Trial Program. The top two teams of the tournament are determined after two preliminary rounds between nine local high schools. Among the local high schools were Dos Pueblos and San Marcos High Schools. Year after year, these schools have battled each other for the County title. Both have school programs with teachers and coaches dedicated to this rivalry. Many students enter the program. Only the best and brightest can earn a place on the team. For those of us who take part in the final rounds, it is evident that we are watching an event without equal. This year, Dos Pueblos came in first in an extremely tight contest after losing last year by the narrowest of margins. Now, Dos Pueblos enters the State competition.

March, 2009

03/02/09	Monday	Officers Meeting at Conference Room 8:00 PM
03/06/09	Friday	Lenten Fish Friday at Parish Hall 6:00 PM
03/09/09	Monday	Business Meeting at Parish Hall 7:30 AM/1 st Degree Exemplification
03/13/09	Friday	Lenten Fish Friday at Parish Hall 6:00 PM
03/14/09	Saturday	St. Patrick's Day Dinner at Parish Hall 6:30 PM
03/15/09	Sunday	Pancake Breakfast/Blood Drive at Parish Hall 7:00 AM
03/20/09	Friday	Lenten Fish Friday at Parish Hall 6:00 PM
03/27/09	Friday	Lenten Fish Friday at Parish Hall 6:00 PM

April, 2009

04/03/09	Friday	Lenten Fish Friday at Parish Hall 6:00 PM
04/05/09	Sunday	Palm Sunday
04/06/09	Monday	Officers Meeting at Conference Room 8:00 PM
04/10/09	Friday	Good Friday
04/12/09	Sunday	Easter Sunday
04/13/09	Monday	Business Meeting at Parish Hall 7:30 AM
04/26/09	Sunday	Corporate Communion

May, 2009

05/04/09	Monday	Officers Meeting at Conference Room 8:00 PM
05/02/09	Monday	St. Raphael's Golf Tournament 10:30 AM SB Municipal Golf Course
05/10/09	Sunday	Mother's Day Orchids – All Masses
05/10/09	Sunday	Pancake Breakfast at Parish Hall 7:00 AM
05/11/09	Monday	Business Meeting at Parish Hall 7:30 AM
05/25/09	Monday	Memorial Day Picnic 1:30 PM



Report of the 4th Degree
SK Jack Turney, Faithful Navigator

MARCH DINNER MEETING

The March 16th regular dinner meeting, being so close to St. Patrick's Day, will feature Irish stew. It will be put together by our very own Executive Chef, Jim Bradbury and crew. Paul Coyne will also present a narrated video program on Ireland. The social hour will start at 6:30 pm and the meeting will start at 7:00 pm sharp. Plan to join us for this special night.

4TH DEGREE EXEMPLIFICATION

I have just learned that the next 4th Degree Exemplification for our area (Central) will be held in Ventura at the Residence Inn. As the Exemplification is always the first weekend in November, this means that 7th will be the "magic" day. Mark your calendars and encourage those in your respective councils to take the 4th Degree Exemplification during the rare times it is located in our local area. The Master is making a big effort to support us and we need to give him our support in return. As more details become available, I will pass them on to you.

COLOR CORPS NEWS

Below find the tentative schedule (subject to approval by the Master) for the Color Corps in the months ahead:

St. Raphael's Church, Confirmation:
April 18th, Saturday, 10:00 am/2:00 pm

Santa Ines Mission, April 19th, 1:30 pm
Divine Mercy Sunday:

Santa Ines Mission, May 1st, 6:30 pm
Pilgrimage for the Virgin Mary Icon

St. Joseph's/Carpinteria, Confirmation:
May 3rd, Sunday, 11:00 am

Old Mission Santa Barbara, Confirmation:
May 31st, Sunday, 12:00 Noon

St. Mark's/Isla Vista: Confirmation:
May 31st, Sunday, 4:00 PM

KEEP IN YOUR PRAYERS

Stephen Schlesselmann, Fr. Tomas Elis, Judy Klinge, wife of Trustee Brian Klinge, Frank Mackey, Monica Bilski, wife of Richard Bilski, Msgr. Henry Van Son, Cherif Khoury's sister, Jacques Benoit's mother, Stephen Schlesselmann's niece in Alaska.

STEPHEN SCHLESSELMANN

Stephen continues to make progress in his recovery. During the month of February, Stephen had another procedure to his right lung in order to improve its' function, matching that of the left lung. This was a success and another "baby" step on the road to recovery has been made. He still needs all of our prayers as he journeys down the long road to recovery.



Pictured: Catholic School's week poster



Chancellor's Report
SK Mark Vampola, Chancellor

Being referred to as a “victim” of some event is never associated with a feeling of pleasantness or fulfillment. How often have we heard about the various victims of natural disasters, crime, and recently the stock market and bank losses?

The reality that many of these circumstances cannot be avoided is often tough and that's when we look for help and support from family and friends, and we turn towards our Lord with prayer and questions. Why me, why now, and what for? All too often though, we are victims of ourselves. How can that be? It's through the choices we make. Do we choose these less than desirable situations? Usually “no” but more often than we think, we do choose them, indirectly. We make choices, based not on the guidance our Lord has given us, but rather what our imperfect humanity desires, what is important to us at the moment. It's these momentary choices which make us vulnerable to unfortunate situations, maybe not immediately, but eventually. We are victims of the circumstances we put ourselves in. The situations surrounding these circumstances can be risk in the stock market or even our driving habits. Regardless of whatever circumstances we find ourselves in, they are based on the choices we make according to what we believe and are important to us. This is what we should realize when encountering some of the misfortune we experience in our lives. We can avoid then by following God's laws first and temper our human wants and needs. Pray for guidance. Pray for insight.

Please continue your prayers and keep the following included: Stephen Schlesselmann, our beloved District Deputy and PGK, that he continues to improve in health. We should also keep Judy Klinge, wife of Brian Klinge PGK, in

our prayers and all our Brother Knights who are in need at this time.



Membership Director's Report
Sam Alfano, Membership Director

We continue to make progress in having new Brother Knights become members of our Council. Our next first degree exemplification will take place at the business meeting on March 9th. At this writing, two potential members have each signed and turned in a Form 100. They have indicated their interest and eagerness to join our order.

Both of the young men are associated with UCSB. They are sponsored by Brother Andrew Nguyen, a UCSB student. He has been exemplary in contacting students at the University and encouraging them to become Knights. In addition to these potential candidates, we are fortunate to have a transferring Knight coming into our Council. He has submitted his transfer Form 100 to me. The Form 100 has been forwarded to Brother Bill McNamara, our interim Worthy Financial Secretary.

Depending on the total number of candidates that are exemplified on March 9th, another exemplification is planned for the May business meeting. It would be a tremendous show of dedication by Brother Knights if we had six or more new Knights brought into the Council at our March 9th meeting. As stated in the past by our Grand Knight, we are dedicating this class of new Knights to District Deputy Stephen Schlesselmann, who is still recovering from surgery.

If needed, another recruitment blitz will be held in April to enlist new members. We must be ever vigilant in contacting potential members.

REMEMBER, ALL WE NEED TO DO IS ASK AND KEEP A FORM 100 IN OUR GLOVE COMPARTMENT.



Insurance Agent's Report
David Farebrother, Field Agent

Annual Renewable Term

The Order's portfolio of top-rated products includes a variety of term and permanent plans that can be custom-tailored to meet the needs, goals and budget of every Catholic family. Among these is our Annual Renewable Term (ART) plan, which provides the maximum amount of insurance protection per premium dollar.

ART provides life insurance protection for a specific, temporary period of time. Many have likened it to "renting" life insurance protection. It is appropriate coverage when the life insurance need is temporary in nature, such as to provide mortgage protection or to cover a business loan.

Among the advantages, in addition to the economical premium, is that ART can be converted to a permanent plan of protection - with no additional underwriting required - at any time prior to age 65. In a sense, ART can be used to guarantee your insurability. If you need protection for your entire life, but the premiums for permanent insurance just aren't in the budget right now, purchasing an ART plan with the intent to convert might just be the way to go.

Who needs ART?

- Those who want to supplement permanent insurance protection
- Small business owners who want to cover the life of a key employee until retirement
- Those who need guaranteed coverage for life, but need time to budget additional premium dollars and want guaranteed

- conversion to a permanent plan of insurance
- Anyone who needs life insurance for only a certain period

To contact me with regards to any of your K of C insurance needs, please email me at dlfarebrother@aol.com or call me at either of the numbers listed below. I look forward to hearing from you.

Fraternally,

David L. Farebrother, FICF
CA DOI Lic # 0E54974
Office (805) 684-0053
Cellular (805) 766-2144



Pro-Life Director's Report
Bob & Cecilia Marks
Pro-Life Couple

Verbal Engineering and the Swaying of Public Conscience

by Father Tadeusz Pacholczyk

This article comes from the National Catholic Bioethics Center – February 2008

Over the years, a number of unjust laws have come to be replaced by more just ones. Laws overturning the practice of slavery, for example, were a significant step forward in promoting justice and basic human rights in society. Yet in very recent times, unjust and immoral laws have, with increasing frequency, come to replace sound and reasonable ones, particularly in the area of sexual morality, bioethics and the protection of human life. Whenever longstanding laws are reversed, and practices come to be sanctioned that were formerly forbidden, it behooves us to examine whether such momentous legal shifts are

morally coherent or not.

Concerns about moral coherence have always influenced the crafting of new laws, as they did in 1879 when the State of Connecticut enacted strong legislation outlawing contraception, specified as the use of "any drug, medicinal article or instrument for the purpose of preventing conception." This law, like the anti-contraception laws of various other states, was in effect for nearly 90 years before it was reversed in 1965. It codified the longstanding dictate of the public conscience that contraception was harmful to society because it promoted promiscuity, adultery and other evils. It relied on the nearly universal sensibility that children should be seen as a help and a blessing to society, and that, as Joseph Sobran puts it, "a healthy society, however tolerant at the margins, must be based on the perception that sex is essentially procreative, with its proper locus in a loving family."

Such a view had been remarkably deeply engrained in Western society for millennia, and interestingly, until as late as the 1930's, all Protestant denominations agreed with Catholic teaching condemning contraception. Not until the 1930 Lambeth Conference did the Anglican Church, swayed by growing societal pressure, announce that contraception would be allowed in some circumstances. Soon after, the Anglican Church yielded entirely, allowing contraception across the board. Since then, every major Protestant denomination has followed suit, even though their founders, including Luther, Calvin and Wesley, had all unhesitatingly condemned contraception, and insisted that it violated the right order of sexuality and marriage. Today, it is only the Catholic Church which teaches this traditional view.

How is it that modern times have seen such a striking reversal of this ancient view of the moral unacceptability of contraception? How is it that our age continues to witness a seemingly endless stream of legislative activity that promotes contraception through exorbitant government funding initiatives in nearly every major country

of the world, with American taxpayers providing, for example, more than \$260 million of Planned Parenthood's total income for 2004? Can something almost universally decried as an evil in the past suddenly become a good, or is such a legislative reversal not indicative of a significant misuse of law, and of a collective loss of conscience on an unprecedented scale?

Whenever widespread social engineering of this magnitude occurs, it is invariably preceded by skillful verbal engineering. The late Msgr. William Smith observed that the argument about contraception was basically over as soon as modern society accepted the deceptive phrase, "birth control" into its vocabulary. 'Imagine if we had called it, "life prevention",' he once remarked. The great Gilbert Keith Chesterton put it this way: "They insist on talking about Birth Control when they mean less birth and no control," and again: "Birth Control is a name given to a succession of different expedients by which it is possible to filch the pleasure belonging to a natural process while violently and unnaturally thwarting the process itself."

Fast on the heels of such seismic cultural shifts over contraception was even more radical legislation permitting abortion-on-demand. Since the early 1970's, such legislation has effectively enabled the surgical killing of 1 billion human beings worldwide who were living in the peaceful environment of a womb. Here too, sophisticated verbal engineering was necessary, since nobody could reasonably expect the abortion ethic to advance by saying, "Let's kill the kids." Many things simply cannot be achieved when it is clear to everyone what is going on; obfuscation is essential.

The growing child in the womb was thus recast as a "mass of tissue" or a "grouping of cells." The abortion procedure itself was re-described as "removing the product of conception" or "terminating a pregnancy" or simply, "the procedure." Those who were "pro-choice" obfuscated as to what the choice was really for. As one commentator put it, 'I think a more

realistic term would be "pro-baby killing".'

Euphemism, of course, has a serious reason for being. It conceals the things people fear. It is defensive in nature, offsetting the power of tabooed terms and otherwise eradicating from the language those matters that people prefer not to deal with directly. A healthy legislative process, however, will abstain from euphemism and obfuscation, zeroing in on truth and moral coherence. It will safeguard and promote an enlightened public conscience, particularly when crafting laws dealing with the most foundational human realities like sexual morality, bioethics and the protection of human life.

Note on the author:

Rev. Tadeusz Pacholczyk, Ph.D. earned his doctorate in neuroscience from Yale and did post-doctoral work at Harvard. He is a priest of the diocese of Fall River, MA, and serves as the Director of Education at The National Catholic Bioethics Center in Philadelphia. See www.ncbicenter.org



Pictured: Boy Scout merit badges and metals displayed at last February's Pancake Breakfast.

Ash Wednesday: What is it?

From Catholic Online
02/26/2009

Ash Wednesday marks the beginning of the Season of Lent. It is a season of penance,

reflection, and fasting which prepares us for Christ's Resurrection on Easter Sunday, through which we attain redemption.

Why We Receive the Ashes

Following the example of the Nine vites, who did penance in sackcloth and ashes, our foreheads are marked with ashes to humble our hearts and reminds us that life passes away on Earth. We remember this when we are told

(Continued on page 11)

***Bradley J. Bowen, KC Member Since 2004,
Serves in Three Key Positions for Council 5300***

By Joe T. Kovach, 3rd Degree Knight



Pictured: The Bowen family: Michael, Sara, Tracy and Brad.

Bradley James Bowen, a KC Council 5300 member for the past five years, has taken on three major positions, Family Director (July 2006), Inside Guard (July 2007) and Recorder (July 2007). Bowen joined the KC's in February 2004, became a 2nd Degree on July 12, 2004 and 3rd Degree on October 29, 2006.

Chris Arnoult was his sponsor. "I was a friend with Chris and I knew him to be an honorable person," stated Bowen. He continued, "The Knights did good things for the Church and the community - a good group to join."

The native of Santa Barbara recommends other men become KC members for the opportunity to

do good things for others and to have new friendships. "The camaraderie with the other Knights and helping do good things for the Church and community are two of the best things about being a Knight," emphasized Bowen. He added, "I have enjoyed the experiences in working the Fiesta Coke Booth, Christmas Parties, delivering Christmas gifts to the KC widows and being involved at the KC meetings."

"Working the Fiesta Coke Booth with family and friends," noted Bowen, is one event that stands out as a cherished remembrance never to be forgotten. He would like to see the KC's undertake Family Dinners after the Saturday and Sunday evening Masses.

Bradley's parents, Bob and Carol Bowen, hailed from Hawaii and San Diego. He has a younger sister Paula who resides in Colorado. Parents live in Santa Barbara.

Bradley met Tracy Linn Burke-Buntzen while attending UC Santa Barbara in 1980. He earned his BA degree in Business Economics in June 1982 and Tracy received her BA in Sociology in June 1984. They were married at All Hallows Catholic Church in La Jolla on June 16, 1984 by Rev. Patrick Fox.

They are proud parents of Michael, 22, and Sara, 20. Michael is a graduate of Harvard University and is taking some science classes at UC Davis and studying for the MCAT. Sara is a junior at UC Davis majoring in Human Development.

Bradley graduated from Kellogg Elementary School and they reside next to the school. He also graduated from Dos Pueblos High School. His community involvements over the years have included board member of the South Coast Community Aquatic Center, board member and Treasurer of Santa Barbara Swim Club and Parent Chaperone for swimmers for Southern California Swimming Zone Meets.

Tracy was born on October 20, 1962 in San Francisco and has a brother Michael and a sister

Jennifer. Her involvements in community include: Past Girl Scout Brownie Troop Leader, Kellogg School PTA, Alpha Chi Omega Rush Advisor, Santa Barbara Swim Club Co-Meet Manager and Co-Snack Bar Manager. Currently she is an Alpha Delta Kappa member and teaches full time at Kellogg School.

Bradley was born on October 29, 1960 and has been a member of St. Raphael Parish since 1962. He reflected, "I enjoy being a member of the Parish and seeing other members who have been here for years."

For the past two years Bradley has been an accountant with the Chumash Casino. Before that he was a self-employed CPA/Real Estate Broker for a number of years. For many years he worked as a CPA accountant in several different industries including: manufacturing, insurance and banking. He attributes the keys to his success to "getting the job done on time in a professional manner."

After college Bradley and Tracy resided in West Los Angeles for 5-1/2 years. In recent years they have traveled to Hawaii (2004), London (2006) and Boston (2008).

Other interesting personal items:

- * Favorite food: Pot roast with carrots;
- * Favorite meal Tracy prepares: Pot roast and lemon cake;
- * Favorite meal Bradley prepares: Flank steak;
- * Favorite local restaurant: Elephant Bar;
- * Favorite meal at favorite restaurant: Pork sandwich;
- * Favorite TV program: CSI;
- * Favorite movie of all time: Jaws;
- * Favorite sport to watch live or on TV: Football;
- * Favorite sport as a participant: Surfing;
- * Favorite travel destination: Hawaii;
- * One word to describe us at Church: Community;
- * One word to describe St. Raphael: Community;
- * One word to describe the Knights of Columbus: Helpers;
- * Greatest personal moment as a KC member:

Delivering Christmas gifts to KC widows;
* Advice to youngsters: Be honest, have fun!:
* If I had 3 wishes they would be: Happiness,
Health and Wealth for all.

FAMILY OF THE MONTH

By Dan Knauss, Grand Knight



Pictured: Brother Sam Alfano and his wife Lee in the St. Raphael kitchen during the St. Joseph's Day Italian Dinner.

The Family of the Month goes to Brother Sam Alfano and his lovely wife Lee. Sam has been the Membership Director for several years. The Membership Director's job is time consuming and demanding and Sam has been the man for the job. Sam's efforts as Membership Director have been instrumental in helping our Council receiving the Star Council Award three years running. Sam has kept the Council on track for another Star Council Award this year on the recruitment front.

With less than half of our Columbian Year remaining, Sam is still working hard to see that the Council reaches our recruitment goals. Sam cannot do it alone and needs our help of our fellow Knights. Brothers, reach out to a fellow Catholic Gentleman who is worthy of our order and bring him to the council. Share with him the great things we are doing and make sure he fills out a Form 100.

Brother Sam first joined our Council in October 1995. By 1997, Sam obtained his Fourth Degree. His commitment shows not only at the Church but also in the community. His involvements with the Church have included The Liturgy Committee, St. Raphael's Renovation Committee, The Building Committee, The Parish Council and the St. Vincent de Paul Group. In our community, Sam has been active with Goleta Valley Beautiful and Toastmasters. Sam founded the Mission Toastmasters Group over 27 years ago.

Sam can do so much because he has the support of his loving wife Lee. Behind every great man there is a great woman. Thank you both for your commitment to our Council, Church, community and to each other. You inspire us all.

KNIGHT OF THE MONTH

By Dan Knauss, Grand Knight

This month's Knight of the Month is Tim Hogan. Tim is my selection for this month because he is as active as any Knight I have the privilege of working with. He is at all the functions and is active in almost all of the activities we as Knights so faithfully pursue. Tim is this year's Worthy Warden and has fulfilled all of the duties expected of him with vigor and honor. He is present at all of the meetings and is ready to work when the work needs to get done.

In addition to his Worthy Warden post, Tim is also our Council Director as he was last year. Currently, he is diligently working on setting up the Golf Tournament which will be hosted by the council and will take place in May at Santa Barbara's Municipal Golf Course. This is a very cumbersome task and we appreciate the significant effort Tim is putting in. It's difficult to be committed to the volunteer work you do without the support from your family and Tim has that. So thank you Theresa for your support. We all appreciate your whole family. Keep it up Tim,

you're doing more than we should be allowed to expect.



FOCA Postcard Campaign

The U. S. Council of Catholic Bishops is sponsoring a postcard campaign that opposes the Freedom of Choice Act (FOCA) to send to your elected representatives. To learn more about this legislation, read the flyer at the end of this page and visit this website:

<http://www.usccb.org/prolife/issues/FOCA>

From K of C Council 5300:

For more details about the events listed below, please see the inserts that are included in this edition of **The Knightline**:

- The annual Fish Fry event at St. Raphael's Parish Hall has begun!
- A blood drive event will be held on March 15th at St. Raphael's Parish Hall.
- Council 5300 will be holding a St. Patrick's Day Dinner on Saturday, March 13th.
- The St. Raphael's Golf Tournament, sponsored by the Knights of Columbus, Council 5300 will be held on Monday, May 4th at the Santa Barbara Golf Club.

From Our Lady of Sorrow Church:

Starting on February 27th, Our Lady of Sorrows Church will serve Lenten Soup from 12:00-1:30 PM at the Rev. Martin L. Brewer Memorial Center. If you would like to volunteer, please contact Ernestine Desoto: 962-3598 or 636-3963.

Adorations:

St. Raphael's Church:

Blessed Sacrament will be exposed at 8:00 AM on Friday, March 6th until Solemn Benediction at 8:00 AM on Saturday, March 7th. Prayers of the Chaplet of Divine Mercy will be said at 3:30 PM on Friday. For more info, please call the rectory at 967-7391.

Our Lady of Sorrows Church:

The exposition of the Blessed Sacrament is held every Wednesday after the 12:10 PM Mass until 6:00 PM. For more information, please call the rectory at 963-1734.

Bishop Diego High School:

Bishop Garcia Diego High School is holding adoration in the school chapel from 8:00 AM to 8:00 PM on Mondays and Tuesdays. For more information call the school at 967-1266.

"The Knightline" delivered by e-mail

Want to get **The Knightline** via e-mail as well as regular mail? To get on the e-mail list, please e-mail the editor to get on e-mail distribution.

Corrections:

The regular pancake breakfast held by the Knights of Columbus, scheduled for February 8th, has been rescheduled for March. In its place was the Boy Scout Pancake Breakfast.

The Family Social Dinner, which was listed in February edition of **The Knightline's** Schedule of Events for February 23rd has been tentatively rescheduled for May/June.

- The Editor

Support Catholic Education

March Birthdays

Name	B'day
Dennis I. Paulazzo	01-Mar
Mansfield H. Turney	01-Mar
Thomas L. Cordeiro	02-Mar
William B. Regis	03-Mar
David T. Varesio	04-Mar
Jack E. Ward	05-Mar
Lawrence W. Torres	14-Mar
Rev. Patrick Roemer	17-Mar
Frederick W. Brokaski	25-Mar
William Mc Namara	26-Mar

(Grand Knight's Report continued from page 1)

It has been a challenge getting accustomed to the duties of the position of Grand Knight through these changes.

Through it all I have been blessed with the perseverance of the Brothers of this Council. Thank you all for being so selfless in your desire to participate in the great things we as Knights are doing. Please keep Brother Stephen and his family in your prayers as they continue to work through some difficult times and thank you Brother Bill McNamara for picking up the duties of Financial Secretary where Brother Ralph left off.

As the year moves forward, we have a number of great events on the horizon and I look forward to working with all of you to continue serving our Parish and our Council. Please take the time to review the Council's calendar of events on the Web Site at www.kc5300.org so you can be set your sights on being a team player. We look forward to seeing you all soon at our next get together.

(Program Director's Report, continued from page 2)

As I watched these youngsters battle with their

wits and skills, I was impressed with their dedication to a struggle with an alien subject (the law) that required countless hours of research and learning. After all, these are high school students, remember. The members of the judiciary and the bar who preside over or score these trials are always impressed with the results.

Every year, I ask the team members after the event if any of them plan on going into the law as a career. Out of the twenty members on each of the representative teams, four or five are thinking about a career in law. Nevertheless, the event is great training for those who participate. It also helps participants in getting admitted to top colleges in the country. It is not unusual for one of the seniors on a team in the finals to tell me that he or she has been accepted to Harvard, Yale or Stanford.

Why am I going on about this subject? First, I wanted to alert you to the competition so that you could attend one of these trials next year and see for yourself how great these youngsters are. The first rounds are usually held in the middle of February and the finals occur one week later. Secondly, I wanted to spend some time recognizing the effort being made by our local Catholic and independent private high school, Bishop Diego High School to get into this competition and become a regular player.

The problems are apparent; the local public schools have many more students from which they can select a team. Each school must field two teams, a prosecution team and a defense team and that requires a minimum of 9 for each team. Four years ago, Bishop could not collect enough applicants to get started. Bishop's student population is hovering somewhere under 300 at this time.

In spite of this, Tom Crawford, the football coach and teacher (and attorney) decided to have a team enter the competition last year. Bishop offered a class for Mock Trial and the students were interested. Tom talked local attorney parents into signing on as coaches and he convinced Pat

McCarthy and Henry Bongiovi to join his team. Each of the attorneys took charge of one of the teams and they began a process which still amazes them today.

Last year, their first year of competition, the Bishop team came in 7th out of 10 high schools after the first round. They bested schools which had been in the program for many years, and I heard a good number of compliments about their showing.

(Ash Wednesday, continued from page 7)

"Remember, Man is dust, and unto dust you shall return."

Ashes are a symbol of penance made sacramental by the blessing of the Church, and they help us develop a spirit of humility and sacrifice.

The distribution of ashes comes from a ceremony of ages past. Christians who had committed grave faults performed public penance. On Ash Wednesday, the Bishop blessed the hair shirts which they were to wear during the forty days of penance, and sprinkled over them ashes made from the palms from the previous year. Then, while the faithful recited the Seven Penitential Psalms, the penitents were turned out of the church because of their sins -- just as Adam, the first man, was turned out of Paradise because of his disobedience. The penitents did not enter the church again until Maundy Thursday after having won reconciliation by the toil of forty days' penance and sacramental absolution. Later, all Christians, whether public or secret penitents, came to receive ashes out of devotion. In earlier times, the distribution of ashes was followed by a penitential procession.

The Ashes

The ashes are made from the blessed palms used in the Palm Sunday celebration of the previous year. The ashes are christened with Holy Water

and are scented by exposure to incense. While the ashes symbolize penance and contrition, they are also a reminder that God is gracious and merciful to those who call on Him with repentant hearts. His Divine mercy is of utmost importance during the season of Lent, and the Church calls on us to seek that mercy during the entire Lenten season with reflection, prayer and penance.



Lent 2009: A time to 'make sacred' our many sacrifices

***By Cardinal Roger Mahoney
Article from "The Tidings", February 27, 2009***

According to the calendar, Ash Wednesday occurs this week and we begin another Lent.

Except for this year.

Lent actually began in 2007 for many thousands of families all across the Archdiocese of Los Angeles, and we have been in a long and protracted season of Lent ever since. In what sense? The annual Lenten season calls us to reflect more deeply into our lives with God, to re-order our personal priorities according to the Gospel, and to live out increased personal sacrifice in our daily living.

With the economy continuing to spiral downwards day after day, with millions of jobs being eliminated, with people unable to make their house payments thus losing their homes, and with so many fearful of what tomorrow might bring --- we have truly been on a long Lenten

journey over these past two years. Incredible difficulties have burdened families: parents ever fearful that they cannot provide for their children, the unknown financial calamity that lurks just around the corner, the awful feeling of being one paycheck away from complete financial meltdown.

In prior years when life and our financial security were far more predictable, Lent meant that we could choose which special sacrifices we wanted to undertake --- but just for six weeks, until Easter Sunday. And then back to normal.

But now we have a new reality: we aren't choosing our sacrifices this year, they have chosen us. And they aren't just for six weeks; they have been our burden for over 75 weeks now with no sign of relief in sight.

This reality makes Lent 2009 unique and gives us the opportunity to enter this year's Lenten journey from a fresh and life-giving spirit. Most Catholics in our Archdiocese do not need to select a special form of sacrifice this Lent; they already have more than their share. So, how do we act differently this year?

Let me suggest that we recall the origin of the word "sacrifice." It comes from two Latin words: *sacrum* and *facere* --- meaning "to make sacred." A sacrifice, then, is accepting an ongoing or new reality --- usually burdensome --- and turning that into something sacred, a source of God's love and grace.

For me personally, this Lent means embracing the new wearisome burdens, difficulties and unexpected hardships that have confronted me on my journey of life and faith. I can't pretend that these difficult burdens aren't there, nor can I try to somehow sneak around them and move on - neither approach works. What I must do is recognize them, embrace them, realize I can't carry them alone, and "make sacred" all that surrounds me.

On Ash Wednesday as the minister places ashes on our forehead, these words are said: "Repent and believe in the Gospel."

**PRIESTS, BROTHERS, NUNS.
THEY NEED US.
WE NEED THEM.**

Vocations Are Everybody's Business

The Confidence in God Prayer by St Francis de Sales

It is *good* to mistrust ourselves, but how would that advantage us were we not to throw all our confidence on God, and to wait on His mercy? If you feel no such confidence, cease not on that account from making these *acts* and from saying to Our Lord: "Yet, O Lord, though I have no feeling of confidence in You, nevertheless, I know that You are my God, that I am all Yours, and that I have no *hope* but in Your goodness; so, I abandon myself entirely into Your Hands." It is always in our power to make these acts; although we have difficulty in performing them, still there is no impossibility. Thus we testify faithfulness to our Lord.



KNIGHTS OF COLUMBUS, COUNCIL 5300 OFFICERS FOR YEAR 2009-2010

Grand Knight	Daniel Knauss	(805) 964-2442	daniel@gvoptical.com
Chaplain	Rev. Tomas Elis	(805) 968-1078	grandknightsemail@gmail.com
Deputy Grand Knight	William McLafferty	(805) 685-4284	frtom@saint-marks.net
Chancellor	Mark Vampola	(805) 968-9815	jwmcljr@cox.net
Warden	Tim Hogan	(805) 683-6344	vamperz@cox.net
Advocate	Ed Barrier	(805) 683-4534	t4210@cox.net
Recorder	Brad Bowen	(805) 683-2246	ebarrier@att.net
Financial Secretary	Bill McNamara	(805) 964-4526	btmsb@aol.com
Treasurer	Joseph Darga	(805) 964-3264	billmcnamara2@cox.net
Lecturer	Vacant		newheart1229@cox.net
Outside Guard	Jose Meza	(805) 682-8637	
Inside Guard	Raphael Cardenas	(805) 882-1136	ggcon51@att.net
Trustee-Three Years	Francisco Cabrera	(805) 964-9485	fcocabrera@cox.net
Trustee-Two Years	Stephen Schlesselmann	(805) 968-9440	sjschlesselmann@cox.net
Trustee-One Year	Francis C. Arnoult	(805) 964-6324	francisarnoult@cox.net

SERVICE PROGRAM ORGANIZATIONS

Program Director	William McLafferty	(805) 685-4284	jwmcljr@cox.net
Church Director	Francis C. Arnoult	(805) 964-6324	francisarnoult@cox.net
Community Director	Vacant		
Council Director	Tim Hogan	(805) 683-6344	t4210@cox.net
Family Director	Brad Bowen	(805) 683-2246	btmsb@aol.com
Youth Director	John Vasellina	(805) 964-3466	srym12@yahoo.comt
Pro-Life Couple	Robert & Cecilia Marks	(805) 968-6008	bobceci_marks@yahoo.com
Membership Director	Sam Alfano	(805) 967-0595	r123range1@cox.net

OTHER IMPORTANT CONTACTS

Supreme Knight	Carl Anderson	(203) 772-2130	info@kofc.org
State Deputy	Bob Villalobos	(707) 744-8647	state.deputy@kofc-california.org
District Deputy	Stephen Schlesselmann	(805) 968-9440	sjschlesselmann@cox.net
Faithful Navigator	Jack Turney	(805) 967-9473	jacknchrista@verizon.net
Insurance Field Agent	David Farebrother	(805) 684-0053	dlfarebrother@aol.com

CALLING COMMITTEE-COLUMBIAN YEAR 2009-2010

Abels-Bunke	Mary Arnoult	(805) 964-6324	fcarnoult@juno.com
Cabrera-De Ponce	Lucille Aubrey	(805) 683-4546	luaub@cox.net
Diani-Hazher	Evelina Curzan	(805) 964-4493	dutchevy@cox.net
Hernandez-Lima	Patty Salcedo	(805) 245-2545	patty_lopez@hotmail.com
Liponi-Modugno	Jacqueline Knauss	(805) 964-2442	jackie@gvoptical.com
Moiso-Nungaray	Elaine McNamara	(805) 964-4526	billmcnamara@alum.mit.edu
Osborne-Ruiz	Chawa Ramirez	(805) 964-3775	
Salcedo-Turney	Julie Sanchez	(805) 964-3398	
Uhte-Znovena	Volunteer still needed		
Widows	Don Aubrey	(805) 683-4546	donaubrey@cox.net

PHOTO GALLERY

February 8th 2009

Boy Scout Pancake Breakfast



Brother Tim Hogan ready to make some pancakes.



Brother Mark Vampolla and the troops getting ready for the pancake breakfast.



Brother Joe Bauer and a fellow scoutmaster showcasing the various badges that a scout can earn.



Scoutmaster and troops getting the beverage table ready.



Scouts serving pancake breakfast to hungry customers.



More hungry customers ready to eat some pancakes.

Photos by: Ed Barrier.

OUR VOICE IS NEEDED NOW MORE THAN EVER.



A new, very serious threat to human life has arisen:
The Freedom of Choice Act.

FOCA eliminates
regulations that protect women from
unsafe abortion clinics

FOCA forces
taxpayers to fund abortions

FOCA requires
all states to allow "partial birth" and
other late-term abortions

FOCA subjects
women to abortions by nonphysicians

FOCA violates
the conscience rights of nurses, doctors,
and hospitals

FOCA strips
parents of their right to be involved in
their minor daughters' abortion decision

The Catholic bishops of the United States have unanimously called us to prayer and action to prevent passage of the radical "Freedom of Choice Act" (FOCA) and to oppose other attempts to overturn existing pro-life laws and policies. This year, our voices are needed more than ever.

Pro-abortion groups and their allies in Congress are promoting a radical bill called the "Freedom of Choice Act." If this extreme measure is enacted, widely supported and constitutionally sound abortion regulations will be knocked down nationwide.

If passed into law, FOCA will impose upon the entire country an abortion regime far worse than anything brought on by Roe v. Wade, the Supreme Court decision that legalized abortion. And the current level of 1.1 million abortions a year will go up, not down.

Call the U.S. Capitol switchboard to contact the offices of your Representative and two Senators: 202.224.3121.

Urge them to oppose FOCA.

For more resources, see www.nchla.org.

TELL CONGRESS:
Please pledge now to oppose FOCA!



United States Conference
of Catholic Bishops
Secretary of Pro-Life Activities
www.usccb.org/prolife/issues/abortion

Made possible by the generous support of the Knights of Columbus.

KNIGHTS OF COLUMBUS

COUNCIL 5300

LENTEN

FISH FRY DINNER



EVERY FRIDAY FROM 2/27 TO 4/3

AT ST. RAPHAEL'S PARISH HALL
6:00 PM

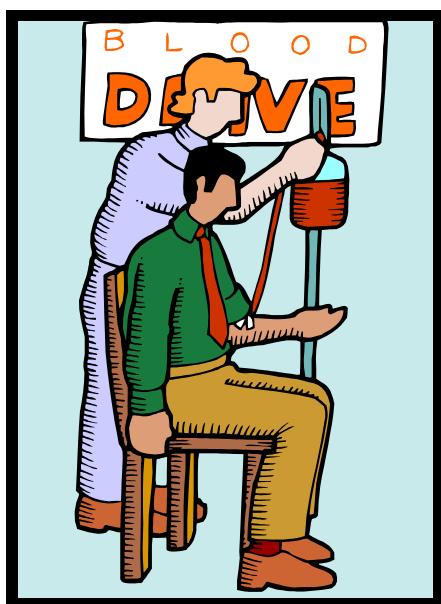
ADULTS: \$9.00

**CHILDREN: \$3.00
(UNDER 12 YEARS OF AGE)**

Proceeds go toward the charitable works of the Council



The Knights of Columbus Council 5300 will be sponsoring a 'United Blood Services' blood donation drive at St. Raphael's Parish Hall on Sunday, March 15th from 8:00 am until noon. All community members are welcome. The Knights will provide free fruit juice, donuts, coffee and snacks to all blood donors.



**SAINT PATRICK'S DAY CELEBRATION
SOCIAL ...DINNER... MUSIC....ENTERTAINMENT**

Irish Pub Style

**Saint Vincent de Paul Benefit
St Raphael's Conference**

**Saturday, March 14, 2009, St Raphael's Hall
Social at 6:30, Dinner at 7:00**

**Irish menu to include Corned
Beef and Cabbage.**



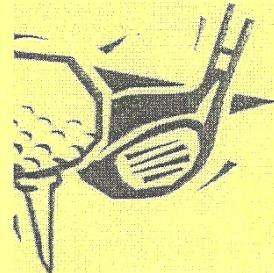
Wear Your Green



**Bring favorite Irish Jokes
Donation is \$15.00**

**Purchase by Mar 11 Sam Alfano 967-0595
Paul Coyne 967-7880 or Parish Office**

2009 ST. RAPHAEL GOLF TOURNAMENT



Win a car

On a hole -in-one from
Toyota of Santa Barbara

Longest Drives

Closest to the Pin

Door Prizes

Date: Monday May 4, 2009
Santa Barbara Golf Club
11:00 Am Shotgun Start

Join us for this 18-hole, 4-person scramble. The cost is \$90 per person (carts and dinner included). Choose from one of three divisions to enter your team of four players

Divisions; A) serious golfers, B) average golfers, C) duffers.

(or enter by yourself and we'll place you on a team).

Mixed teams are welcome. Players need to check in 1 hour before 11:00 Am start time.

The banquet will be at 6:00 pm in the Parish Hall.

Dinner guests are invited to join the players at \$10 per person

2009 ST. RAPHAEL GOLF TOURNAMENT

Schedule

Time	Event	
10:00 AM	Player Check-in	Return this form with payment by check (payable to Knights of Columbus 5300)
11:00 AM	Shot gun start	Mail entries: by April 20th, 2009 To Tim Hogan 1054 San Antonio Creek Road
5:00 PM	No-Host bar and raffle	Santa Barbara, Ca 93111 (\$90.00 per player, Guess for dinner \$10.00)
6:00PM	Dinner	

TEAM PLAYERS

Name:	Index or Average score	Phone #
Team Captain-		
player -2		
Player-3		
Player-4		

ADD my name to mailing list for future tournaments

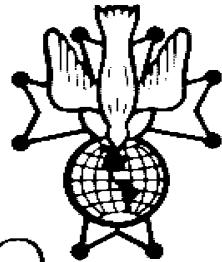
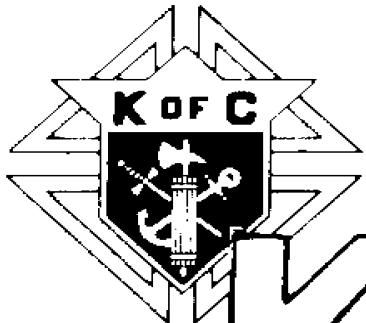
Contact information Name, address, and e-mail

Name	Address	E-mail
1.)		
2.)		
3.)		
4.)		

SIGN UP NOW

for information call :

Tim Hogan 805 681-4470



The Knights love America.

Knights of Columbus
Goleta Valley Council 5300
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Goleta, CA 93116-0065

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